## **Outdoor Ethics Roundtable**

February 2021

Women: Doing Outside What We Do Inside!

Resource links cited during Roundtable presentation:

Women's Issues:

https://lnt.org/leave-no-trace-skill-series-feminine-hygiene-how-to-deal-with-your-period-while-camping/

https://lnt.org/wp-content/uploads/2018/10/Women s-Specific-Considerations.pdf

https://lnt.org/camping-considerations-ladies-only-part-2/#

## **FUDs**

https://lnt.org/how-to-pee-outside/

https://Int.org/how-to-use-a-pee-rag/

https://lnt.org/why/7-principles/dispose-of-waste-properly/

Fabric/Clothing & Gear/Color Choices:

https://Int.org/tips-for-dealing-with-bugs-in-the-outdoors/

https://lnt.org/why/7-principles/plan-ahead-and-prepare/

https://lnt.org/why/7-principles/be-considerate-of-other-visitors/

https://bamboodetective.com/how-is-bamboo-fabric-made/

https://thegreenhubonline.com/2017/11/27/how-sustainable-is-bamboo-and-is-it-really-eco-friendly/

https://ethical.net/quide/ethical-fabrics-a-z-which-clothing-materials-are-ethical/

https://truetribe.paris/blogs/news/fabrics-bamboo-versus-organic-cotton-what-s-the-best-option-and-why

https://ecoworldonline.com/viscose-fabric-the-textile-made-from-cellulose/

https://woollygreen.com/rayon-vs-cotton/

Short on the fabrics - what fabrics you buy and own is very much an outdoor ethics related topic, because when you look at the sustainability of the materials and the environmental impact of the processing of that cellulose into fabrics that can be made into clothing and gear, then consider the biodegradability of those materials, that is a true ethical dilemma that directly impacts the outdoors. One that needs to be considered against the benefits of the different types of fabrics and their intended uses. It's all a matter of thinking outside the conventional box to see the bigger picture. Small choices make an impact - Just like in our ethical choices game - My favorite!